

# SWSLHD Bowral & District Hospital

A Facility of South Western Sydney Local Health District

> Operational Plan 2024 - 2026

Leading safe, sustainable care for healthier communities



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#### Introduction

Bowral & District Hospital (B&DH) is a District Group C1 hospital, managed by a metropolitan LHD. B&DH sits within the Southern Highlands Health Neighbourhood (SHHN), aiming to deliver a range of clinical services across hospital and community settings. The SHHN will enable B&DH to develop networks across facilities to provide health care services that meet the needs of the population.

Originally founded in 1889, Bowral & District Hospital has been serving the needs of its local population for over a hundred years. From a humble cottage hospital, the hospital has grown to a 94-bed facility offering a range of general and specialised services.

A major \$65 million redevelopment of the Bowral & District Hospital was completed in late 2020. This redevelopment delivered a new clinical services building constructed to accommodate all inpatient services as well as Emergency Department and Operating Theatres. Stage 2 of the redevelopment is currently underway with an additional \$55 million allocated to significantly refurbish current buildings.

Part of SWSLHD, Bowral & District Hospital has close links with a range of Sydney's teaching and referring hospitals including Liverpool, Fairfield, Bankstown and Campbelltown hospitals.

#### **B&DH** is located:

- In the suburb of Bowral
- In the LGA of Wingecarribee
- In the State electorate of Wollondilly
- In the Federal electorate of Whitlam

Bowral & District Hospital is a District group C1 hospital, providing services for the local community at mainly role delineation level 3.

#### B&DH provides clinical services in:

- Hospital Critical Care (Emergency Medicine, Intensive Care)
- General Medicine model of care
- Surgery and Endoscopy including general, orthopaedic, ophthalmology
- Anaesthetics, including Pre-admission Clinic
- Obstetrics, Gynaecology and Maternity
- Paediatrics, including Paediatric Ambulatory Care and Child & Adolescent Mental Health (Community-based)
- Palliative Care
- Clinical Support Services Pharmacy, Pathology, Medical Imaging (external provider), including Xray, Ultrasound and Computed Tomography (CT)
- Consultation liaison Mental Health including Day Therapy and Youth Services
- Consultation liaison Alcohol and Other Drugs services, including Needle Exchange
- Ambulatory Services
  - Allied Health services including Social Work, Physiotherapy, Speech Pathology, Dietetics, Occupational Therapy, Podiatry, Developmental Paediatrics
  - Aboriginal Health
  - Cardiac Assessment and Rehabilitation
  - Renal Dialysis
  - o Equipment Loan

## Strategic Plan 2022 - 2027 Framework

South Western Sydney Local Health District



- NSW Premier's Priorities
- NSW Health Future Health: Guiding the next decade of care in NSW 2022 - 2032
- · SWSLHD Clinical Services Planning

#### Core

Collaboration

**O**penness

Respect

**E**mpowerment

#### **Vision**

Leading safe, sustainable care for healthier communities.

#### Mission

Our mission is to deliver safe, consistent, timely and high-quality health services of value to all in our communities.

Our partnerships with communities promote, protect and maintain health and wellbeing.

Our service delivery is culturally responsive and shaped by innovation, continuous improvement, sustainability and translational research. Deliver safe quality care and positive experiences



Strengthen and promote healthier communities



Support and develop our people



Lead research and innovation



Build a sustainable future



- Show kindness and compassion, delivering personalised and culturally responsive care.
- · Deliver safe, consistent, timely, high-quality care through seamless networks.
- · Strengthen integrated care across all care settings.
- · Build our culture of continuous improvement.
- · Engage with consumers, communities and our partners.
- · Close the gap for Aboriginal people and communities to improve equity of outcomes.
- Improve equity of outcomes for all priority populations including our culturally and linguistically diverse communities.
- Build capability in our communities and partner to create social and physical environments that promote health and wellbeing.
- Engage our communities in prevention, screening and early intervention programs.
- Enhance mental health and wellbeing of individuals and communities.
- Support people of all ages to live a meaningful and functional life, ensuring the best start in life and promoting healthy ageing.
- Plan for and deliver a workforce that meets the future needs and reflects the diversity of our communities.
- · Be the employer of choice for staff who value high-quality care.
- Embed positive workplace culture valuing the wellbeing and engagement of our people.
- · Equip our people with the skills and capabilities to be an agile, responsive workforce.
- · Build capacity in research aligned with clinical service planning.
- Enable evidence-based and innovative models to improve healthcare and service delivery
- Advance and translate research and innovation with institutions, industry partners, consumers and our communities.
- Drive improvements through timely, integrated and accessible health data, information and analytics.
- Foster and facilitate an innovation culture across the organisation.
- Build clinical service sustainability and value-based healthcare approaches.
- · Plan for and deliver future-focused, fit-for-purpose infrastructure.
- · Drive digitally-enabled and innovative patient care solutions and service delivery.
- Pursue environmental sustainability across the organisation.
- Strengthen financial sustainability now and plan for the future.

### **Operational Plan Actions**

SD	OBJECTIVES	ACTIONS		LOCAL ACTIVITIES TO SUPPORT IMPLEMENTATION OF STRATEGY	LHD LEAD	FACILITY/ SERVICE LEAD	TIMEFRAME
Del	liver safe quality ca	are ar	nd positive experie	nces			
1.1	Show kindness and compassion, delivering personalised and	1.1.1	Implement and embed the TYE 'Safety Essentials' across the organisation	- Implement the TYE Safety Essentials Plan	Director TYE	GM TYE Coach	June 2024
	culturally responsive care	1.1.2	Continue to implement the "Getting to know YouR patient for safe, individualised CarE" (GRACE) Project across the District.	- Develop an implementation plan for GRACE - Implement the GRACE plan	Executive Director, Nursing, Midwifery and Performance	DNMS	June 2024
		1.1.3	Build our models of care and service delivery from a basis of culturally responsive care.	<ul><li>Establish new and review current models of care</li><li>Action plan (planning)</li></ul>	Director, Aboriginal Health Director, Multicultural Services	GM	June 2024
1.2	Deliver safe, consistent, timely, high-quality care through seamless networks	1.2.1	Improve access and flow performance against SLA targets across the District.	- Local implementation of Whole of Health - Sprint action plans	Sustainable Access Manager	GM DMS DNMS	Annually rolling
		1.2.2	Improve HAC performance against SLA targets across the District.	<ul><li>Review and responsive action plans</li><li>Consistent with District planning</li><li>Beginning to develop proactive planning</li></ul>	Director, Clinical Governance	DQ&PS	Annually rolling

SD	OBJECTIVES	ACTIONS	LOCAL ACTIVITIES TO SUPPORT IMPLEMENTATION OF STRATEGY	LHD LEAD	FACILITY/ SERVICE LEAD	TIMEFRAME
		1.2.3 Progress implementation of the Surgical Action P to improve surgical performance against SL targets across the Distr	- Increasing elective surgery capacity	Surgical Access Manager	GM DNMS	Ongoing
1.4	1.4 Build our culture of continuous improvement	1.4.3 Continuously improve patient experiences measures.	- Compliments, complaints, MEM data, Safety Essential Scorecard, You Said We Did, Leader Rounding, TYE Newsletter - Review patient experiences through TYE committee, CQC, weekly incident review meetings	Patient Experience Manager	DQ&PS TYE Coach	Ongoing
		1.4.5 Achieve compliance with the Child Safe Standard and integrate into quali improvement processe	s ty	Director, Child Protection	GM ONM	Ongoing
1.5	Engage with consumers, communities and our partners	1.5.1 Continue to implement the Consumer and Community Participation Framework 2019 - 2024	- Informal consultation occurring	Manager, Consumer and Community Participation	DQ&PS	2024

SD	OBJECTIVES	ACTIONS		LOCAL ACTIVITIES TO SUPPORT IMPLEMENTATION OF STRATEGY	LHD LEAD	FACILITY/ SERVICE LEAD	TIMEFRAME
Str	engthen and prom	ote h	ealthier communit	ies			
2.1	Close the gap for Aboriginal people and communities to improve equity of outcomes	2.1.1	Implement the SWSLHD Aboriginal Health Plan to 2028	<ul><li>As per the LHD plan</li><li>Considerations in redevelopment activities regarding Aboriginal Health</li></ul>	Director, Aboriginal Health	GM	2028
2.2	.2 Improve equity of outcomes for all priority populations including our culturally and linguistically diverse communities	2.2.1	Continue to implement the SWSLHD Multicultural Services Implementation Plan 2021 - 2024	<ul> <li>Implement relevant components from LHD plan</li> <li>Understand the needs of our multicultural communities</li> </ul>	Director, Multicultural Services	DAH	2024
		2.2.2	Progress the Disability and Carers Strategy Action Plan.	- Redevelopment activities re. access - Implement relevant components from LHD plan	Executive Director, Allied Heath and Community Services	DAH	2025
		2.2.3	Continue to implement the Integrated Prevention and Response to Violence, Abuse and Neglect (iPARVAN) Framework (Phase 2)	<ul> <li>Installation of Purple Bench.</li> <li>100% of the ELT have attended White Ribbon Training.</li> <li>Committed attendance at SWSLHD iPARVAN Working Groups.</li> </ul>	General Manager, Primary and Community Health	DAH Social Work Manager	2025
		2.2.6	Progress actions and initiatives supporting the NSW No Exits from Government Services into Homelessness Framework	<ul> <li>Coordinate and focus effort within and across government agencies to prevent exits into homelessness through consistent service principles, strengthened partnerships, an integrated</li> </ul>	Executive Director, Allied Heath and Community Services	Social Work Manager	2025

2.3	Build capability in our communities and partner to create social and physical environments that promote health and	2.3.1	Make equity and diversity central (Prevention Strategy Change Priority)	approach for vulnerable clients and a shared understanding of what works.  Local actions will be led by the Implementation Planning for the Keeping People Healthy Plan (to be launched).  Current local actions can be recorded where relevant.	Director, Population Health	GM	2025
2.4	wellbeing Engage our communities in prevention, screening and early intervention programs	2.4.1	Embed prevention in clinical services (Prevention Strategy Change Priority)	Local actions will be led by the Implementation Planning for the Keeping People Healthy Plan (to be launched). Current local actions can be recorded where relevant.	Director, Population Health	GM	2025
2.6	Support people of all ages to live a meaningful and functional life, ensuring the best start in life and promoting healthy	2.6.1	Progress the SWSLHD First 2000 Days Implementation Plan	<ul><li>Equitable, triaging of waitlist, access by priority, clinical need</li><li>As per LHD plan</li></ul>	Executive Director, Allied Health and Community Services	DAH	In line with implementat ion plan
	ageing	2.6.2	Finalise and implement the SWSLHD Older Persons and Rehabilitation Plan to 2027	Local actions will be led by the Implementation Planning for the Older Persons and Rehabilitation Plan (to be launched). Current local actions can be recorded where relevant.	Executive Director, Allied Health and Community Services	DMS DNMS DAH HOD General Medicine	2027
		2.6.3	Continue to implement the South Western Sydney Diabetes Framework to	- Local actions implemented as per LHD plan	Diabetes Coordinator, Internal Medicine	DMS HOD General Medicine	2026

	2026 in collaboration with the SWSPHN		Clinical Stream	Director Pharmacy	
2.6.5	increasing equity of access	Local actions will be led by the Implementation Planning for the End of Life and Palliative Care Implementation Plan (under development) Current local actions can be recorded where relevant.	Executive Director, Allied Health and Community Services	Palliative Care CNC	2025

SD	OBJECTIVES		ACTIONS	LOCAL ACTIVITIES TO SUPPORT  IMPLEMENTATION OF STRATEGY  LHD LEAD  SERV  LEA	CE
Sup	pport and develop	our p	eople		
3.1	Plan for and deliver a workforce that meets the future needs and reflects the diversity of our communities	3.1.1	Plan for a future workforce	<ul> <li>Continue to implement and embed TYE strategies and tools into everyday practices; fostering staff engagement.</li> <li>Work towards implementation of Redevelopment Stage 2 Workforce Plan.</li> <li>Collaborate with People and Culture in regard to the Rural Incentive Scheme.</li> <li>Support a culture of safety, customer service and continuous improvement.</li> </ul>	2025
		3.1.2	Workforce diversity	<ul> <li>Collaborate with People and Culture in regard to increasing Aboriginal Workforce Profile; traineeship program.</li> <li>Commit to increase targeted recruitment and to create a workplace that is inclusive and reflective of our community.</li> <li>Monitor workforce participation in cultural competency training to reach target completion rate of greater than 80%.</li> <li>Continued staff rounding to ensure a safe workplace.</li> </ul>	2025
		3.1.3	Talent acquisition	<ul> <li>Embed future SWSLHD Employee Value Proposition (EVP).</li> <li>Effectively engage with the Recruitment Business Partners for best outcomes.</li> </ul> Executive DHR Director, People and Culture	2025

				<ul> <li>Explore opportunities for tailored pathways to employment.</li> <li>Implement workforce plan with a focus on grading of positions to be competitive in the market.</li> <li>Embed Flexible Work Practises and opportunities for staff to access.</li> <li>Promotion of BDH as local employer of choice; attend Wingecarribee Shire Council Career Information Night and</li> </ul>	
3.2	Be the employer of choice for staff who value high-quality care	3.2.3	Workforce retention	Careers Expo.  - Embed SWSLHD Exit Survey (AI technology) which allows for anonymity and provides data driven outcomes; with a focus on tenure.  - Support managers in engaging and encouraging staff to undertake a face-to-face Exit Survey.  - Collaborate with OD Team on the development of a cohesive employee value proposition and effectively apply this using the strengths of BDH.  - Continue to facilitate access to Manager Succession Planning Program.	
3.3	Embed positive workplace culture valuing the wellbeing and engagement of our people	3.3.1	Positive workplace culture	<ul> <li>Continue to implement and embed TYE tools and strategies into our everyday practices; foster staff engagement and team dynamics.</li> <li>Promotion of MoH poster 'Addressing grievances and concerns'. Raising</li> </ul> Director, Education and Organisational Development	

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		awareness for early escalation and			
		providing tools for staff and managers.			
		<ul> <li>Embed Flexible Work Practices and</li> </ul>			
		opportunities for staff to access for			
		manageable work, life balance.			
		- Support Service Managers through			
		effective development opportunities.			
		- Implement annual PMES actions.			
3.3.2	Workforce wellbeing	- Implement SWSLHD Wellbeing	Senior	DHR	2024
		Framework and Plan 2023-28.	Manager, Staff		
		- Introduction of staff recognition program	Health,		
		'Peers Pick', in line with TYE principles	Recovery and		
		and NSW Health CORE values.	Wellbeing		
		- Establish a BDH Executive thank-you card			
		recognising staff through TYE rounding,			
		providing person centred, individualised			
		feedback.			
		- Staff recognition through the Annual			
		Staff Excellence & Service Awards,			
		scheduled annually in November.			
		- Support managers with monitoring of			
		ADOs, annual leave and sick leave; staff			
		health and wellbeing.			
		- Embed Flexible Work Practises and			
		opportunities for staff to access for			
		manageable work, life balance.			
		<ul> <li>Promote wellbeing initiatives including</li> </ul>			
		winter wellness and online seminars, fruit			
		boxes and RUOK day.			
		<ul> <li>Promotion of Fitness Passport for staff</li> </ul>			
		health and wellbeing.			

		Bowrai & Biothiot Floopital Operations		
3.3.3	Managing for effective performance	<ul> <li>Support managers with performance and development reviews to maintain the target completion rate of greater than 80%.</li> <li>Support managers with dealing with performance issues in line with the key guiding principles: timely, supportive, fair, confidential, respectful, and constructive.</li> <li>Implementation of Performance and Talent (PAT); supporting managers and staff.</li> <li>Promote leadership and development education and opportunities.</li> </ul>		
3.3.4	Workplace safety	<ul> <li>Annual calendar of WHS key focus training, education, and events.</li> <li>Support managers through training in regard to workers compensation and Recover @ Work processes.</li> <li>Risk and safety huddles; to include all staff within a workspace (clinical and non-clinical).</li> <li>Monitor corporate orientation attendance ensuring all new staff to BDH attend the program; designed to keep staff safe and to familiarise them to their workspace.</li> <li>Monitoring of fatigue; secondary employment safe working hours.</li> <li>Effectively consult on new policies, procedures, and equipment.</li> </ul>	HR 2024	

				-	Collaborate with the Staff Health Team monitoring screening and vaccination requirements, winter flu vaccinations.			
3.4	Equip our people with the skills and capabilities to be an agile, responsive workforce	3.4.3	Organisational development	-	Collaborate with EODS Team in regard to Corporate Orientation Program; to ensure local needs of small rural hospital are incorporated.  Work with the EODS team to facilitate face-to-face training and education on site at BDH where possible.  Increase development of staff to become trainers (Train the Trainer); EDVPM,  Manual Handling Workplace Trainer.  Collaborate with the EODS team in regard to identifying and developing clinical and non-clinical staff to undertake a Professional Development Pathway.  Succession planning for executive and managers.  Implement annual PMES actions.	Director, Education and Organisational Development	DHR	2024

SD	OBJECTIVES		ACTIONS	LOCAL ACTIVITIES TO SUPPORT IMPLEMENTATION OF STRATEGY	LHD LEAD	FACILITY/ SERVICE LEAD	TIMEFRAME				
Lea	Lead research and innovation										
4.1	Building capacity in research aligned with clinical service planning	4.1.1	Build capacity by further establishing a vibrant research culture	As per Research Strategy to 2023	Director, Research	DMS	2025				
4.2	Enable evidence-based and innovative models to improve healthcare and service delivery	4.2.1	Drive development and implementation of the Model of Care Framework supporting service development planning.	Local activities regarding Model of Care development Align with Model of Care Framework	Manager, Planning	GM	2025				
4.3	research and innovation with institutions, industry partners, consumers and our communities	4.3.1	Deepen consumer and community partnerships raising the profile of local research in the community and increasing engagement across the research lifecycle.	As per Research Strategy to 2023	Director, Research	DQ&PS	2025				
		4.3.2	Continue to build evidence, knowledge and translation of research across the District.	As per Research Strategy to 2023	Director, Research	DMS DNMS DAH	2025				
		4.3.3	Strengthen strategic collaborations to integrate research across SWSLHD for statewide, national and global reach and impact.	As per Research Strategy to 2023 Relationship with UOW, WSU	Director, Research	GM	2025				

SD	OBJECTIVES	ACTIONS		LOCAL ACTIVITIES TO SUPPORT IMPLEMENTATION OF STRATEGY	LHD LEAD	FACILITY/ SERVICE LEAD	TIMEFRAME	
Build a sustainable future								
5.1	Build clinical service sustainability and value- based healthcare approaches	5.1.1	Implement NSW Health value-based healthcare programs	As relevant for local implementation - Heart Failure Rehab, OACCP, Pulmonary Rehab - HOPE measures for OACCP	Director, Strategy and Partnerships	DAH	Ongoing	
5.2	Plan for and deliver future-focused, fit-for- purpose infrastructure	5.2.1	Support delivery of major capital redevelopment projects across SWSLHD in collaboration with Health Infrastructure	As per redevelopment planning - Report to follow LHD reporting	Redevelopment Directors	Redevelopment Manager	2025	
		5.2.2	Develop plans for infrastructure requirements supporting innovative clinical service delivery and future service models.	Contribute to planning processes as relevant Further revision to current CSP to reflect Stage 3	Manager, Planning	Redevelopment Manager	2025	
		5.2.3	Adopt and apply the NSW Health Asset Management Framework across the District	Contribute to the Strategic Asset Management Plan (SAMP) and Asset Management Plan (AMP) process	Director, Capital Works and Infrastructure (Manager, Assets)	DF&CS	2025	
5.4	Pursue environmental sustainability across the organisation	5.4.1	Implement the SWSLHD Environmental Sustainability Framework to 2028	Local actions will be led by the Implementation Planning for the Environmental Sustainability Framework to 2028 (under development) Installation of waste compactors Trial site for SWSLHD for contamination of waste	LHD Manager Procurement	DF&CS	2025	

### Bowral & District Hospital Operational Plan 2023/24 –2025/26

5.5	Strengthen financial sustainability now and plan for the future	5.5.1	Continue to implement a program of procurement reform in line with NSW Health policy.	Trial site for SWSLHD for the electrification of fleet vehicles  As relevant for local implementation  Align with activities from District	LHD Manager Procurement	DF&CS	2025
		5.5.2	Manage annual leave and ADO liabilities	As relevant for local implementation District ADO report sent monthly to Bowral ELT Ensuring managers have access required to reporting functions Provide sufficient training for staff to use various reporting functions	Dep DFCS	DF&CS	2025
		5.5.3	Undertake the Revenue Optimisation Project across the District	As relevant for local implementation  Continue to implement processes as recommended by the Revenue Optimisation Project  Outpatient component	Dep DFCS	DF&CS	2025

## **Locally Identified**

Ref.	Priorities	Link to Strategic Plan (Objective Ref No.)	Actions for Implementation	Responsible	Timeframe
	Partnerships	Objective Ref No. 1.5 Engage with consumers, communities and our partners	Moss Vale Motor Group Bowral Crafts Hearts of the Highlands Westonbury – local business Southern Highlands Renal Appeal Southern Highlands Top 10 Business Leaders South East Radiology Southern Highlands Cancer Centre SHPH	GM DF&CS	Ongoing
	Outpatients Centre	Objective Ref No. 5.2  Plan for and deliver future-focused, fit-forpurpose infrastructure	Business Operations  New space translates to appropriate care for the community Incorporating existing outpatient services  Translating the vision in planning and measuring/evaluation Contemporary integrated outpatient model	GM DNMS DF&CS DAH DMS	2025
	General Medicine model of care	Objective Ref No. 4.2 Enable evidence-based and innovative models to improve healthcare and service delivery	Demonstrating true integration of specialities gen med, pal care, geriatrics  How each integrate and interact with services at Campbelltown Hospital.  Evaluate the General Medicine model of care post implementation.	GM DMS DNMS DAH	2025
	Review of activity versus capacity	Objective Ref No 1.2  Deliver safe, consistent, timely, high-quality	Emergency Short Stay Unit: Establish and operationalise the ESSU model Bed base review	GM DNMS DF&CS DAH	2025

	care through seamless	Strengthen whole of health sprint (actions that drive patient	DMS	
	networks	flow) activities		
General Services Building	Objective Ref No. 5.2	Business Operations	GM	2025
	Plan for and deliver	Commissioning new spaces	DF&CS	
	future-focused, fit-for-	Changes to service operations		
	purpose infrastructure			

Approved:

DMMA

Bradley Warner General Manager – Bowral & District Hospital 21/02/2024

Karen McMenamin A/Director, Operations and Performance, SWSLHD